

FOREWORD

Dear readers,

This year, East-West Integration Medicine celebrates her fifth anniversary! Your support as one of our subscribers has given us the opportunity to gradually change and upgrade our content and look.

The practice of medicine worldwide is still changing; many countries have accepted C.A.M., Complementary and Alternative Medicine, as an essential part of their health care system. Patients are also using Traditional Chinese Medicine, including acupuncture, more frequently than before.

From this volume on we will broaden our scope: contact with educational institutes and organizations that focus on integration of Eastern and Western Medicine, is our main goal for this year. In the upcoming issues you can look forward to interviews with integration institutes worldwide. This way we will continue to strengthen the bridge between East and West.

In this edition you will find numerous interesting articles. The research on analgesia by acupuncture has produced remarkable results (page 19). The article on umbilical therapy (page 3) shares its view on the umbilicus as well as diagnosis and treatment using umbilical acupuncture.

We hope you will enjoy the new look and content of this issue as always.

Ms. Cherine Blankevoort

